

## Study Habits of CBSE Board Senior Secondary School Students: an Comparative Analysis In Special Reference to Their CCE Pattern of Evaluation

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### Continuous And Comprehensive Evaluation:

**C**ontinuous & Comprehensive Evaluation (CCE) refers to a system of school based assessment that covers all the aspects of a student's development. It decreases the student stress and to establish a uniform and comprehensive pattern for student evaluation across the country. It has two important objectives : (a) Continuity in Evaluation and (b) Assessment of broad based learning.

"The term 'Continuous' means the evaluation of the identified areas of personality is continuous 'process' rather than a combination of isolated unconnected 'events'; that it is built into the total teaching-learning process as its integral part and is thus spread over the entire span of an academic session. The second term 'Comprehensive' abilities, skills, qualities, interests, attitudes, values, outdoor activities etc. and not just academic achievement. The third term 'Evaluation'. "Evaluation is an assignment of symbols to a phenomenon in order to characterize the worth of value of a phenomenon usually with reference to some standard." It implies that the purpose of the total endeavor is not just the measurement of the level of achievement and proficiency of students but also their improvement through diagnosis and remediation/enrichment."

Continuous and comprehensive evaluation is a system which is newly introduced by Central Board of Secondary Education in India, for students of sixth to tenth grades and twelfth in some schools. It touches the every aspects of students life. It also reduces the child stress before examination. The CCE method is claimed to bring enormous changes from

the traditional chalk and talk method of teaching provided it is implemented accurately.

### Measurement, Evaluation and Assessment in Education

In this system both cultural as well as academic performance are calculated. The aim is to decrease the workload on the student by means of continuous evaluation by taking number of small tests throughout the year in place of single test at the end of the academic program. Only Grades are awarded to students based on work experience skills, dexterity, innovation, steadiness, teamwork, public speaking, behavior, etc. to evaluate and present and overall measure of student's ability. This system not good in academics to show their talent in other fields such as arts, humanities, sports, music, athletics, and also helps to demotivate the students who have a thirst of knowledge.

### Pattern of Education

One test at the end of the academic year is only in the CBSE old system. The CCE conducts several examinations in the year. There are two different types of tests. Namely, the formative and the summative. Formative tests will comprise the student's work at class and home, the student's performance in oral tests and quizzes and the quality of the projects or assignments submitted by the child. Formative tests will be conducted four times in an academic session, and they will carry a 40% weightage for the aggregate. In some schools, an additional written test is conducted instead of multiple oral tests. However, at least one oral test is conducted. The summative assessment is a three-hour long written test conducted twice a year. The First Summative or Summative Assessment 1 (SA-1) will be conducted after the first two formatives are completed. The Second (SA-2) will be conducted

after the next two formatives, Each summative will carry a 30% weightage and both together will carry a 60% weightage for the aggregate. The summative assessment will be conducted by the schools itself. However, the question papers will be partially prepared by the CBSE and evaluation of the answer sheets is also strictly monitored by the CBSE. Once completed, the syllabus of one summative will not be repeated in the next. A student will have to concentrate on totally new topics for the next summative. At the end of the year, the CBSE processes the result by adding their formative score to the summative score, *i.e.*  $40 + 60\% = 100\%$ . Depending upon the percentage obtained, the board will deduce the CGPA and thereby deduce the grade obtained. In addition to the summative assessment, the board will offer an optional online aptitude test that may also be used as a tool along with the grades obtained in the cCE to help students to decide the choice of subjects in further studies. The board has also instructed the schools to prepare the report card and it will be duly signed by the principal, the student and the Board official.

S. N	Study habits domains	E.s.h	G.s.h	Av.s.h	Un.S.h	Vry.un.s.h.
1	Budgeting the time	20	20	49	20	6
2	Physical condition	18	22	52	23	6
3	Reading ability	22	18	52	23	6
4	Note taking	20	20	52	23	6
5	Learning motivation	25	15	50	25	6
6	Memory	22	18	52	23	6
7	Taking Examination	22	18	52	23	6
8	Health	20	20	55	19	1

**E .s.h.= excellent study habits**  
**G .s.h.= good study habits**  
**Av s.h.= average study habits**  
**Un.s.h.= unsatisfactory study habits**  
**Vry.un.s.h.= very unsatisfactory study habits**

**Operational Definitions Of The Terms Used:**

**Continuous and comprehensive evaluation (CCE):**

A system of student’s evaluation which are taken place throughout the year with the help of various activities and tests.

**Study Habits:** Study habits are the student’s behaviors used when they are preparing for tests or learning academic material.

**Senior secondary students:** Students studying in 10+2 in various CBSE schools.

**Objective of the study**

To analyze the senior secondary CBSE board student’s study habits.

**Limitations Of The Study:**

Students of senior secondary school of CBSE board ,R.L.B. school, sector14, Munshi Puliya of Lucknow Area are taken for the study .

As shown above in the table budgeting the time As we can see all the students of CCE pattern, did a great job. Very few students have shown their performance as very unsatisfactory study habits also very few students have shown excellent study habits. As researcher found that this maybe due to the deadline given by the teachers .In the CCE pattern the teacher sticks to the deadlines given by them earlier which forces the students to complete their work in limited time frame which in turn makes them more punctual towards anything they do be it assignments or any other work they are always punctual .

2-In this section Average study habits are shown by students. Physical conditions play an important part in study habits. The place for study should be calm and quite. It should be clean and there should be proper illumination and ventilation. Furniture should be comfortable. There should be sufficient light. Study table should be clean and contain only all the necessary things that is paper pen book pencil etc.

Researcher found that there is no concrete and hard and fast centrally formulated policies for the stud habit of this section however the compulsory subject courses are still needed the proper sound light and sitting condition of student. A development perspective regarding student learning means accessing the development of the students understanding of particular concepts and skills overtime which opposes to making a single measurement at some final or significant at a time point.

Reading ability refers to the basic ability of a student to read out the content properly it is the basic skill in any kind of study. Reading ability includes various factors as good vocabulary, speed of reading , comprehension, independent selection of appropriate material for reading and locating information. One should be able to read atleast 300 words per minute in his mothertongue , 75 to 100 words in foreign language. One must try to build up a good vocabulary by remembering the precise meaning of the words. Speed of reading is also an important factor. Silent reading is always faster than loud reading. It is necessary to adjust the speed of reading according to the importance of matter, Technical material requires more time than usual one. An individual should try to understand what is he reading. He should try to remember the ideas he has grasped while reading. In these section students of CBSE board shows greater value of average study

4- Taking notes in the classroom is an important learning activity it will also help a great deal in the study when it is related to text books. There are different ways of taking notes. One may copy everything from text book. One may take down only important paragraphs or one may take down the headings and sub headings and important key paragraphs to make an outline. Paraphrasing in one's own words and summarizing is supposed to be the best way of making one's notes. In fact it is a good practice to combine class notes and notes from books to make a final note with the help of regular practice, note taking can become a habit.

Apart from ability to learn , desire to learn is an important consideration . If one is generally interested in learning he may learn quickly and retain it for a long time. There are individual differences in capacity to learn. Everybody can improve with extra

effort. Spirit of competition and co operation helps in learning. One learns better in a group.

In CCE pattern students a lot of opportunities are there to get better learning motivation so the higher percentage that is 69% are shown in this section.

6-It is an important area of study habits. Improving memory means and learning better. Distributing learning periods is preferable to continuous or massed learning. The better we learn the longer we retain . Over learning helps in remembering for a longer period. In CCE pattern internal evaluation criteria have been mentioned in the course of studies which have been followed by the teachers to assess their students learning and give feedback.

7-Most of our examinations are of essay type where a few questions are given and students are required to write long answers. It is good to prepare an outline and arrange the ideas properly , by following a logical pattern of presentation. Use of simple language is advisable . Separate ideas should be discussed in paragraphs. Headings and sub headings should be properly placed. Important words and phrases may be underlined.

In this category the CCE pattern students shows 47% good performance . It may be due to the practice session given by CCE pattern evaluation time to time.

Regular and healthy habits of eating, exercise, recreation and sleep helps in maintaining good health and sound mental state which is necessary which is important to achieve success in the examination. Researcher found CCE pattern students good in this section also.

### **Conclusion**

Teaching learning strategies are the plans and practices of teaching methods and process which changes the content into fluidity. Selection and use of the strategies are based on the science and art of teaching possessed by a teacher. However, the courses of studies prepared by experts through subject committee have clearly mentioned two categories of instructional techniques in both the systems: 1) general instructional techniques (lecture, discussion, question-answer, brain storming, buzz session and self-study which are applicable to the

most of the units.) and 2) specific instructional techniques for the courses of CCE pattern (individual or group assignment and presentation and preparation of report and its presentation, reading assignment and presentation, group discussion, problem solving, project work etc. strategies on content specific issues). Generally, the teaching learning activities of class room is guided by the strategies given in the course of studies. In the some cases, college teachers may select and use more appropriate and relevant techniques too by themselves as proven expert of their classrooms teaching. The class room instructional strategy practices found in the classrooms of the CCE pattern and annual system and self-reflection on their practice of the campus teachers can b e grouped into the following instructional strategies.

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